



To Protect, Promote and Prioritize the Health of Our Entire
Community

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DCHD Reminds All: Focus on Social Distancing

The Douglas County Health Department (DCHD) wants to emphasize that social distancing remains essential at least through the end of the month. Remember these key points:

1. Stay home. Limit gatherings to 10.
2. Work from home as much as you can.
3. Shop alone and only once a week.
4. Help children maintain social distancing and no team sports.
5. Shop for seniors so they can stay home.
6. Exercise daily at home or in a properly distanced activity.

On Monday, April 13, the Health Department confirmed 10 new cases of COVID-19 in the county, including seven cases that were received Sunday. These new cases involve five men and five women between 28 and 72 years of age. Five of the new cases had contact with a known case, two were community-acquired, one was travel-related and two remain under investigation. Three of the new cases are known to be hospitalized. Douglas County has now confirmed 245 cases of COVID-19 since the start of the outbreak.

Hospital inventory as of Sunday evening indicated 599 medical surge beds are available with 38 patients hospitalized with COVID-19. Of the 392 ventilators available to area hospitals, 115 are in use, including 11 for confirmed COVID-19 patients.

Please be aware of the COVID-19 symptoms, which may include a fever, cough, sore throat, severe fatigue or difficulty breathing. In most cases a person will have more than one of these symptoms. Anyone who has COVID-19 symptoms or develops symptoms should contact their health care provider and tell them how you are feeling and any possible history of exposure. Please call ahead before you go to the doctor's office or an emergency room.

DCHD's information line is open daily at (402) 444-3400 from 8:30 a.m. until 4 p.m. In addition, the Nebraska DHHS COVID-19 information line is open from 8 a.m.-8 p.m. at (402) 552-6645. Calls are taken 24 hours a day at the United Way's 2-1-1 Information Line.

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