

To Protect, Promote and Prioritize the Health of Our Entire Community

For Immediate Release: March 24, 2020

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## Health Department Updates COVID-19 Case Count

Four new cases of COVID-19 have been reported in Douglas County, according to preliminary data from the Douglas County Health Department (DCHD).

The Health Department's Epidemiology Team is continuing to investigate these latest cases, which bring the total in Douglas County to 38.

These individuals include a woman in her 30s and three men ranging in age from their 40s to their 70s. One case has been identified as the result of community spread and one person is hospitalized.

The Health Department is advising that precautions to avoid a COVID-19 infection need to be taken throughout the community, not just in locations previously listed as having the potential for exposure. It also is important to consider that many people who are sick have mild symptoms or no symptoms at all. The CDC has said that four out of five people who have become ill acquired the disease from someone who didn't know they had it. That means there are likely many more people in the community who are infected with COVID-19 than have been reported.

Please increase your awareness of COVID-19 symptoms, which include a fever, cough, sore throat, or difficulty breathing. Some people have experienced a loss of their sense of taste or smell. If you have COVID-19 symptoms, or develop symptoms, contact your health care provider and tell them how you are feeling and any possible history of exposure. We ask that you call ahead before you go to the doctor's office or an emergency room.

DCHD's information line remains open to anyone with general questions about COVID-19. That number, (402) 444-3400, is answered seven days a week from 8:30 a.m. until 4 p.m. Nebraska DHHS has a COVID-19 information line open from 8 a.m.-8 p.m. daily at (402) 552-6645. Any person who has questions outside those hours is asked to call the United Way's 2-1-1 Resource Hotline.

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